

**PANTHER CHEERLEADER TRYOUT PACKET**

**2019 – 2020**

Welcome ALL 2019 – 2020 Cheerleader Candidates.  We are excited that you are interested in being a part of the cheer program at Parish.

Please read through the tryout packet and constitution carefully to ensure that both you and your parents have all necessary information for a successful cheer tryout.

**Included in this packet:**

·         Tryouts – Clinic Information

·         Financial Obligation

·         Camp Information

·         Judging Criteria

·         Spring & Summer Calendar

·         Demerit Policy

·         Cheer Application

We hope this answers all of your questions, however if you should have any further questions please feel free to contact the Middle School Head Coach, Ashley J. Childs or Assistant Coach, Mary Evelyn Holt.

Ashley J. Childs

achilds@parishepiscopal.org

Mary Evelyn Holt

[mholt@parishepiscopal.org](mailto:mholt@parishepiscopal.org)

**MS Cheer Financial Obligation**

**2019 – 2020**

Middle school cheerleaders will be responsible for buying:

* Practice/Camp Uniform: 2 t-shirts and 1 pair of shorts
* Uniform Bow
* Spanx to wear under your cheer skirt
* Cheer Camp: $60
* Cheerleaders are to purchase cheer shoes on their own before the first camp date.
  + Cheer Shoes: any pair of white Nfinity cheer shoes. These can be purchased online or at Academy

o    *The cost of shoes is not included in the above pricing.*

Please let me know if you have any questions about the financial commitment of middle school cheerleading. We try very hard to keep the cost as low as possible.

**Tryouts – Clinic Information:**

Tryouts will be held **April 18th** at the Midway Campus gym and judged by three outside judges. Tryouts will start promptly at 4:00 and go until finished.  Team placements will be posted following tryouts as well an email to each cheerleader candidate.

**Tryout Clinics:**

* April 15th – Cheer and Chant
* April 16th - Dance Review
* April 17th Review and Mock Tryout
* April 18st Tryout

**Tryout Process:**

1. Candidates will spirit into gym 3 at a time.  During this entrance you will do your tumbling.
2. Each candidate will do 3 connected jumps; one must be a toe touch.
3. CHEER
4. CHANT
5. DANCE
6. Stay in gym until dismissed by judges.
7. Once you have returned to holding area you will not be dismissed until you have been instructed in case there are any callbacks.

**Tryout Attire:**

* SOLID RED shorts with SOLID WHITE t-shirt.
* White socks with white tennis shoes.
* Hair pulled back – if you choose to wear a bow it must be solid white or solid royal blue.
* No jewelry.
* PLEASE no cheer writing or cheer symbols on any of the attire.

\*\* Tryouts and clinic will be closed to the public.  No friends or family will be allowed to enter the gym or holding area at any time.

PARISH CHEER SUMMER CAMP

2019

MIDDLE SCHOOL CAMP

PRICE $60.00

August 12th – 15th

LOCATION TBD

\*\*\* ATTENDANCE IS MANDATORY \*\*\*

PARISH CHEER

SPRING & SUMMER SCHEDULE

APRIL:

* April 15th – 17th Tryout Clinics 4 – 5 pm (Midway Gym)
* April 18th  – Tryouts 4 – Until
* April 23rd- Uniform Fitting at 3:30pm (Health Room/LGMR) \*\*Parents must be present

JUNE:

·         Enjoy!

JULY:

·         Enjoy!

AUGUST:

* August 12th-15th from Camp from 9-12pm (tentatively)

FALL SCHEDULE will be as follows:

* **Tuesday**
  + Practice – 4-5:30pm – Fitness Center
* **Wednesday**
  + Practice – 4-5pm – Fitness Center
* **Thursday**
  + MS Football Games - TBD

**PARISH CHEERLEADING TRYOUT SCORE SHEET**

Tryout # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_                                                         Judge # \_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| **Category** | | **Comments** |
|  |  |  |
|  | **Crowd Appeal** |  |
|  | Spirits, Energy, Enthusiasm, Facial Expressions, Projection, Confidence, Voice, Eye Contact, Fitness, Neatness |  |
|  |  |  |
|  | **Running Tumbling** |  |
|  |  |  |
|  | **Standing Tumbling** |  |
|  | **Jumps** |  |
|  | Three jumps: Form, Height, Flexibility, Variety, Difficulty |  |
|  |  |  |
|  | **Cheer** |  |
|  | Motion, Technique, Arm Placement, Precision, Rhythm, Memory |  |
|  |  |  |
|  |  |  |
|  | Chant |  |
|  |  |  |
|  | **Total** |  |
|  |  |  |

Stunts Position:          Flyer          Backspot          Main          Secondary

**PARISH CHEER APPLICATION**

**2019 – 2020**

NAME:                      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

GRADE:                     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

LEVEL (2019 – 2020):  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AGE:                         \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PHONE:                    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMAIL:                      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT NAME:        \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT PHONE:      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT EMAIL:        \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE CHECK YES/NO IF INTERESTED IN A CAPTAIN POSITION:   YES:\_\_\_\_      NO:\_\_\_\_\_

PLEASE LIST / EXPLAIN BRIEFLY YOUR CHEER HISTORY IF ANY:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AFTER CAREFULLY READING THE TRYOUT PACKET AND PARISH CHEERLEADING CONSTITUTION EACH CANDIDATE AND PARENT MUST SIGN AND AGREE TO THE GUIDELINES.  **Due April Tuesday, April 12th to either Mrs. Holt or Ms. Childs.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_                 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CHEERLEADER SIGNATURE:                                                 DATE

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_                 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT SIGNATURE:                                                  DATE

DATE