

PARISHkicks

ABOUT

Operating under ParishEXTEND, PARISHkicks provides player development opportunities including weekly skills lessons and specialty skills camps, soccer curriculum, coaching education for parents, coaching staff for teams and 3x3 tournaments.

PARISHkicks HILLCREST

Grades: K-2

Focused on building individual skill and confidence on the ball, this weekly practice is designed to serve players of various abilities. Practice will focus on receiving the ball, maintaining possession, efficient and creative ball movement and mastery, and finding the back of the net! Using individual and small group activities, coaches offer maximum touches on the ball within fun, competitive games. These practices are designed and run by Parish soccer coaches and are a great way to supplement a player's skill development. This class is held in the Hillcrest gym, please pack shin guards and sneakers for the class.

- **Coach:** Nadia Berry, Parish Episcopal School
- **Dates:** Wednesdays September 13-December 6
- **Times:** 3:00-4:00pm
- **No Class:** November 22
- **Location:** Hillcrest gym
- \$265/12 classes



Soccer Development



PARISHkicks (LEVEL 1)

Grades: 3-4

Focused on building individual skill and confidence on the ball, this weekly practice is designed to sharpen current skills and challenge players to elevate their play. Practice will focus on receiving the ball, maintaining possession, efficient and creative ball movement and mastery, and finding the back of the net! Using individual and small group activities, coaches offer maximum touches on the ball within fun, competitive games. These practices are designed and run by Parish soccer coaches and are a great way to supplement a player's skill development. This class is located at the Midway campus and is outside (weather permitting); please pack the appropriate clothing, shin guards, cleats, ball and a water bottle for your child.

- **Coach:** Kevin Rock & James Herman, Parish Episcopal School
- **Dates:** Wednesdays September 13-December 6
- **Times:** 4:00-5:00pm
- **No Class:** November 22
- **Location:** Midway fields (off Sigma)
- \$265/12 classes

PARISHkicks (LEVEL 2)

Grades: 5-6

New!

This weekly practice serves as a foundation and preparation for future play in middle school soccer. Practice will focus on receiving the ball, maintaining possession, efficient and creative ball movement and mastery, and finding the back of the net! Players will also be exposed to fitness and agility sessions using soccer specific movement. Using individual and small group activities, coaches offer maximum touches on the ball within fun, competitive games. These practices are designed and run by Parish soccer coaches and are a great way to supplement a player's skill development. This class is located at the Midway campus and is outside (weather permitting); please pack the appropriate clothing, shin guards, cleats, ball and a water bottle for your child.

- **Coach:** Kevin Rock, Parish Episcopal School
- **Dates:** Tuesdays September 12-December 5
- **Times:** 4:00-5:00pm
- **No Class:** November 21
- **Location:** Midway fields (off Sigma)
- \$265/12 classes

3X3 TOURNAMENT

New!

September 30, 2017

4:30pm

Grades: 3-4, 5-6, 7-8

Location: Midway campus

\$40/team

Start forming your teams now for this fun event! PARISHkicks and ParishServes is holding the a 3x3 soccer tournament benefitting Cigarroa Elementary School. Third through eighth grade students of all levels are welcome and encouraged to participate!

Teams can consist of 3-6 players and will be placed in boy and girl 3rd/4th, 5th/6th and 7th/8th grade divisions. Games will be 20 minutes long. Registration is \$40 per team. Deadline to register is September 8.

*Hillcrest students may participate by donating to the Cigarroa PE and playground equipment drive in September and by attending the tournament to cheer on their favorite team. Upper school students may participate, and earn service hours, by selling concessions during the tournament.

Questions?

Kevin Rock

krock@parishepiscopal.org

**Subject to change. Check our [website](#) for updates.*

PRIVATE LESSONS

Private lessons are a great way to give your player a competitive edge and help fine-tune skills. Private lessons can cover a range of topics including ball possession and dribbling, receiving and turning, and striking and shooting. Contact [Kevin Rock](#) to discuss your options.



COACHES CLINICS

September 10, 2017

Time—TBD (check website for details)

Location: Midway Campus

\$25

Join Parish Episcopal School soccer coaches for hands-on instruction on how to coach youth soccer teams. This clinic will go over age appropriate skills and drills, game strategy and will include a friendly match to wrap up the session. The first 30 minutes of the clinic will take place in the classroom, and then the group will move to the field. Participants should come dressed to play. Should you have specific questions regarding the clinic, please contact [Kevin Rock](#).

TEAM COACHES

If your child's team has far surpassed your soccer knowledge, it may be time to consider hiring a coach. PARISHkicks can provide coaches for your team's season or just for a practice or two. Contact [Kevin Rock](#) to discuss your team's needs, and we'll match your team with an appropriate coach. PARISHkicks coaches will help your child's team focus on fundamental skills and footwork, shooting and finishing, and small-sided games to increase soccer IQ.