

PEPtalks



PARENT EDUCATION PROGRAMS

September 14, 2016

11:30 a.m. - 12:30 p.m.

**All presentations will be held in Pearlman.
A light meal and beverages will be provided.**

iKnow (but do u?): Today's Kids With Today's Technology

Paul Tidmore



Take a look at some of the ways today's youth are working and interacting online, and get tips on how to stay safe and maintain a positive digital footprint in this tech-savvy society.

The presentation will be geared toward parents of third to twelfth grade students.

PEPtalks



PARENT EDUCATION PROGRAMS

November 2, 2016
8:15 a.m. - 9:15 a.m.

**All presentations will be held in Pearlman.
A light meal and beverages will be provided.**



Sooner Than You Think: Simple Answers to Challenging Questions

Mary Flo Ridley

The program is designed for parents of toddlers through tweens and includes six simple steps parents can use to develop their message for their children's sexual education.

PEPtalks



PARENT EDUCATION PROGRAMS

February 22, 2017

11:30 a.m. - 12:30 p.m

**All presentations will be held in Pearlman.
A light meal and beverages will be provided.**



What's Bad About Being TOO Good?

Kathleen Fischer

This presentation connects competition, perfection, failure, and anxiety to help parents and kids let go of being too good. The presentation will be geared toward parents of fifth through twelfth grade students.

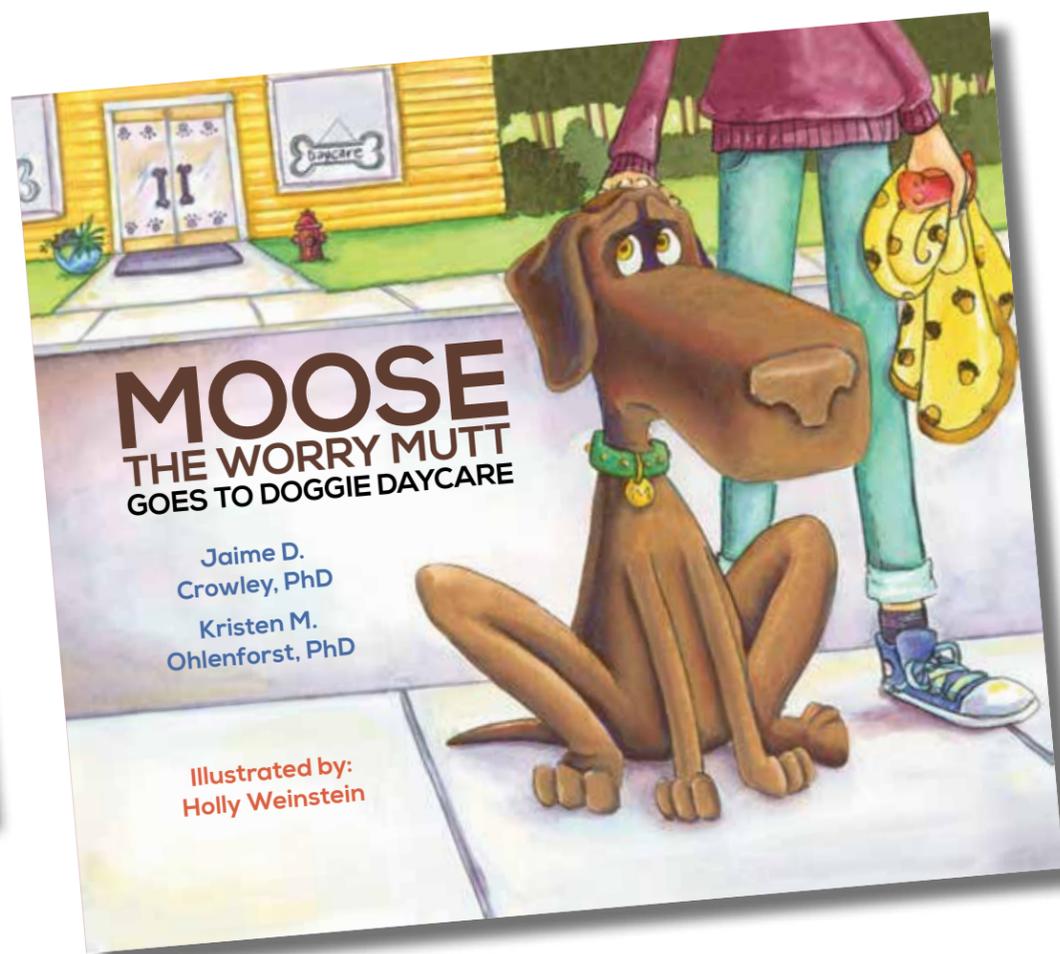
PEPtalks



PARENT EDUCATION PROGRAMS

April 5, 2017
8:15 a.m. - 9:15 a.m.

**All presentations will be held in Pearlman.
A light meal and beverages will be provided.**



Barking Back at Worries: Playful Strategies for Managing Childhood Anxiety

Dr. Kristen Ohlenforst

Dr. Ohlenforst will share the strategies portrayed in her first co-authored children's picture book Moose the Worry Mutt Goes to Doggie Daycare. She'll model interactions aimed at teaching your child to identify, evaluate, and reframe his/her worried thoughts, much in the way that a loveable Lab named Moose learns to bark back at Fret the Flea. The presentation will be geared toward Lower School parents.